

# Flu Shots

## Adults:



The Lyndhurst Health Department offers free flu shots every year to all residents 18 years of age and older. Flu shot clinics are announced in the Fall after we receive our supply. The announcement will be on our web site at [www.lyndhursthealth.org](http://www.lyndhursthealth.org), in local newspapers, and on the board in front of the Health Department.

We hold multiple clinics each year during operating hours between 9 am and 4 pm.

We also hold one Saturday morning clinic.

Proof of Township residency is required. Medicare recipients must present their Medicare cards at the time of the clinic.

## Children:



If your child is in need of a flu shot and you do not have insurance (or if you are underinsured), please call our public health nurse at 201-804-2505 to schedule an appointment for a free flu vaccine.