

# Women's Health Clinic



The Lyndhurst Health Department offers their Women's Health Clinic twice each year. Women 18 years of age and older can obtain a free breast and gynecological exam, including a pap smear. Participants are provided with the opportunity to work with a health educator from Clara Maass Medical Center. The educator teaches the correct method of breast self-examination, a technique which should be practiced monthly by women in order to detect cancer early for a better prognosis.

Appointments required.

Please call 201-804-2500 to schedule an appointment.

## 2010 Clinics

**February 17, 2010 4:00 pm**

**October 20, 2010 4:00 pm**