



## **Guidelines for Proper Disposal of Household Medication**

Over the counter and prescription medications should not be disposed down the drain.

Properly disposing of unwanted and expired medications in the trash promotes a healthy aquatic environment and prevents accidental poisoning and intentional abuse.

**You should dispose of your household medication in one of two ways:**

### **Operation Medicine Cabinet**

**Saturday, November 13, 2010**  
**the day to get rid of your stash!**

Between 10am and 2pm,  
bring your expired or unused medicine to  
your local collection site.

By joining Operation Medicine Cabinet  
you will safely be disposing of these medications  
that are commonly abused.

For More Information: [www.operationmedicinecabinetnj.com](http://www.operationmedicinecabinetnj.com)

**OR**

**By following these 4 steps:**

STEP 1



**Mark out personal information**

STEP 2



**Mix with water and coffee grinds, cat litter, or dirt**

STEP 3



**Seal in opaque container or in a dark plastic bag**

STEP 4



**Put in the trash**

**Do NOT dispose of medication down the drain or toilet.**  
**Do NOT keep excess or expired medication around the home.**