



OFFICE OF THE DIRECTOR

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- Department of Recreation

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Volleyball

for
Boys & Girls
Grades 5th -8th

(Open to Residents of Lyndhurst and Rutherford)

When: Wednesdays

Time: 4:00-5:30 PM & 5:30-7:00 PM

Cost: \$35.00 (check or money order-NO CASH)

Starts: September 18th thru October 23rd

Where: Lyndhurst Recreation Center 862 Valley Brook Ave.

Six week clinic, coached by Lori Rogers, focusing on learning the skills to play this great sport. You will be taught the correct technique and training that is essential to improve....no matter your ability level. Your self-confidence and performance will skyrocket in order to play at a recreational or competitive level taught in a fun atmosphere.

Register at the Lyndhurst Recreation Center on Sep 18 before first session.

(Please arrive early to register)