

TOWNSHIP OF LYNDHURST
DEPARTMENT OF PARKS & RECREATION
 250 Cleveland Avenue, Lyndhurst, NJ 07071 ♦ 201-804-2482
Commissioner David Mateen



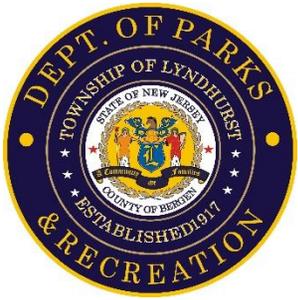
YOUTH RECREATIONAL ACTIVITIES
<https://www.lyndhurstnj.org/Departments/recreation-department>

FALL ACTIVITIES

<u>Activity</u>	<u>Offered To:</u>	<u>Registration</u>	<u>Months Played</u>	<u>Website / Contact</u>
Cheerleading	Boys/Girls Grades K-12	May	September - November	lyndhurstjrfootball@gmail.com
Dance	Boys/Girls Grades PreK - 8	September	September - Octoberr	Socialescene.com/recdance
Flag Football	Boys/Girls Ages 4-6	May	September - November	lyndhurstjrfootball@gmail.com
Jr. Football	Boys/Girls Grades 2-8	May	September - November	lyndhurstjrfootball@gmail.com
Kinder Kickers	Boys/Girls PreK-K	June	September - October	secretary@lyndhurstsoccer.com
Soccer	Boys/Girls Grades 1-8	May - June	September - November	Lyndhurstsoccer.com
Swim Lessons	Boys/Girls 4 yrs – 14	August	September – November	Lyndhurst Parks Department
Volleyball	Boys/Girls Grades 5-8	Early September	September – November	Tammy Lemanowicz 551-265-7916
Yoga	Boys/Girls Grades K-4	Mid-September	Mid-Sept – Mid-Oct	thekidsconnectionj@gmail.com

WINTER ACTIVITIES

<u>Activity</u>	<u>Offered To:</u>	<u>Registration</u>	<u>Months Played</u>	<u>Website / Contact</u>
Baseball Pitching Clinic	Various	December	February - March	Lyndhurstnjlittleleague.com
Boys Basketball	Boys Grades 1-8	Mid Sept/Oct	December - March	LyndhurstBoysBasketball.com
Dance	Boys/Girls Grades PreK-8	January	February – March	Socialescene.com/recdance
Girls Basketball	Girls Grades 1-8	Early October	December - March	Paul Passamano 201-673-0275
Roller Hockey	Boys/Girls Grades K-12	Mid-September	November - January	
Wrestling	Boys/Girls Grades 1-8	September/October	December – February	Lgbwrestling.org



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SPRING ACTIVITIES

<u>Activity</u>	<u>Offered To:</u>	<u>Registration</u>	<u>Months Played</u>	<u>Website / Contact</u>
Dance	Boys/Girls Grades PreK - 8	Late February	March – April	Socialescene.com/recdance
LaCrosse	Boys/Girls Grades 3-8	Early February	March – June	Seamusdonovan44@gmail.com Jim Donovan 201-694-1735
Little League		December		Lyndhurstnjlittleleague.com
T-Ball	Boys/Girls Ages 4-6	↓	April - June	↓
Coach Pitch	Boys/Girls Ages 6-7		April - June	
Minors	Boys/Girls Ages 8		April - June	
Majors	Boys/Girls Ages 9-12		April - June	
Junior League	Boys/Girls Ages 13-14		April - June	
Softball	Girls Ages 8-14		April - June	
Coach Pitch	Girls Ages 6-8		April - June	
Swim Lessons	Boys/Girls 4 yrs – 14	March	April - May	Lyndhurst Parks Department
Recreation Soccer Training	Boys/Girls Grades	February	April - June	Lyndhurstsoccer.com
Travel Soccer	Boys/Girls Grades	February	April - June	Lyndhurstsoccer.com
Yoga	Boys/Girls Grades K-4	April	May – June	thekidsconnectionnj@gmail.com

SUMMER ACTIVITIES

A variety of summer programs are offered from late June through early September. Some programs offer 2 or more weeks, but can be registered separately. And some have AM and PM sessions that can be booked separately as well.

The programs being offered will typically run from 8:30 AM until 2:00 or 2:30 PM. Most registrations will take place through each individual program/provider. You can find a list of programs offered as well as full program descriptions and registration information on our website:

<https://www.lyndhurstnj.org/pages/summer-camp-and-programs>