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## **LYNDHURST JUNIOR WRESTLING 2025 Season**

Register online at:  
[www.lgbwrestling.org](http://www.lgbwrestling.org)



*Open to Girls and Boys in 1<sup>st</sup> to 8<sup>th</sup> Grades residing in Lyndhurst or North Arlington*

**REGISTRATION FEE:**

First time registrants     \$140

Returning wrestlers         \$100

Each additional family member will receive a \$20 discount off the above pricing.

*Fees will be collected the first week of practice.*

**NOT INCLUDED BUT REQUIRED\*:**

Wrestling sneakers

Headgear

Both are available online and at local sports stores.

**Practices** are on Tuesdays Thursdays and Fridays starting December 3<sup>rd</sup> at

Lyndhurst Middle School on Page Avenue

**1<sup>st</sup> to 4<sup>th</sup> Grades: 5:45 PM – 7:00 PM**

**5<sup>th</sup> to 8<sup>th</sup> Grades: 6:45 PM – 8:30 PM**

**Matches begin January 4<sup>th</sup> and continue each Saturday until February 14<sup>th</sup>**

**\*PLEASE NOTE:** We strongly encourage parents to **NOT** purchase either the sneakers or headgear **until after the first 2 weeks of practice**. Regular sneakers are adequate for the beginning practices. Headgear may also wait until we begin "Live Wrestling".

For additional information call: **Sergio DeRuvo 201-954-1319 or John Montillo 201-207-6193**